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## **Rock & Rest**

**Friday, August 3, 2018—4PM-9PM**

**Saturday, August 4, 2018—10AM-9PM**

**Sunday, August 5, 2018 –Noon-6PM**

**Bay Point Park**

**Sponsor: First Choice Clinic**

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Rock & Rest is the perfect spot for nursing mothers and families with young children to take a break and rock and rest.

